

MASF Community Life Center

April 2023

Improving Lives Through Knowledge



WHAT IS AUSTISM? / WHAT ARE THE SIGNS?

Autism spectrum disorder (ASD) is a developmental disability caused by differences in the brain. Some people with ASD have a known difference, such as a genetic condition. Other causes are not yet known. Scientists believe there are multiple causes of ASD that act together to change the most common ways people develop. We still have much to learn about these causes and how they impact people with ASD.

AUTISM EARLY SIGNS IN INFANTS

- 1 Unusual visual fixations**
Unusually strong and persistent examination of objects
- 2 Abnormal repetitive behaviors**
Spending unusually long periods of time repeating an action, such as looking at their hands or rolling an object
- 3 Lack of age-appropriate sound development**
Delayed development of vowel sounds, such as "ma ma, da da, ta ta"
- 4 Delayed intentional communication**
Neutral facial tones and decreased efforts to gesture and gain parent attention
- 5 Decreased interest in interaction**
Greater interest in objects than people and difficult to sustain face-to-face interactions



UPCOMING EVENTS

- April 8**
Youth Spring Dance -7 pm -11pm
Students MUST be picked up at 11pm
- April 13**
AARP Day- 11 am
- April 15**
WIN Women Chat & Chew
10:30 am-1:00 pm
- April 18**
"Legal Shield / Identity Theft & Knowing your Rights " -11 am
- April 21**
Mutual Hosts "Shreds and Meds"
8 am - 12 pm
1604 Cherry Street
Vicksburg, MS 39180
- April 25**
ACT Workshop- 4 pm – 6:30 pm

Fruits

Y	R	R	E	B	P	S	A	R	T	E	A	L	M
A	E	N	B	L	A	C	K	B	E	R	R	Y	I
B	I	P	E	N	B	W	G	A	A	R	R	W	E
R	R	A	E	A	O	A	A	Y	N	P	R	A	N
R	E	K	W	C	O	T	O	S	A	A	L	P	G
B	R	I	I	A	Y	E	B	T	N	P	E	P	R
W	O	W	Y	A	R	R	L	R	A	A	M	L	A
W	R	I	N	R	R	M	U	A	B	Y	O	E	P
R	A	K	O	O	B	E	E	W	L	A	N	B	E
P	N	L	L	C	I	L	B	B	K	E	E	R	G
A	G	B	C	I	I	O	E	E	B	R	E	Y	A
R	E	E	E	B	M	N	R	R	R	S	E	O	I
A	O	E	N	K	O	E	R	R	E	G	N	C	E
C	E	G	B	Y	B	M	Y	Y	I	E	O	Y	E

- BLACKBERRY
- LIME
- WATERMELON
- BLUEBERRY
- PAPAYA
- KIWI
- ORANGE
- RASPBERRY
- APPLE
- BANANA
- STRAWBERRY
- GRAPE
- LEMON

Mind Your Memory (Memory Tips)

- Socialize with others
- Complete Crossword or Word Search Puzzles Weekly
- Make and Keep "To Do" lists
- Establish a Routine

Play this puzzle online at : <https://thewordsearch.com/puzzle/183/>

April is

**NATIONAL AUTISM
AWARENESS MONTH**



Gardener's Guide

Springtime Crops

7 Great Crops to Plant in Early Spring

- Sugar Snap Peas
- Lettuce
- Spinach
- Radishes
- Kale
- Cabbage
- Spring Onions

Sweet Treat Recipe

Big Soft Ginger Cookies

2 ¼ cups all-purpose flour
2 teaspoons ground ginger
1 teaspoon Baking Soda
¼ teaspoon ground cinnamon
½ teaspoon cloves
¼ teaspoon salt
¾ cup margarine *softened*
1 cup sugar
1 egg
1 tablespoon water
¼ cup molasses
2 tablespoons sugar

Preheat oven 350. Sift together the flour, ginger, Baking soda, cinnamon, cloves, and salt and set aside.

In a large bowl, cream together the margarine and sugar. Beat in the egg, then stir in water and molasses. Gradually add sifted ingredients. Make walnut size balls and place on an ungreased cookie sheet.

Bake for 8 to 10 minutes.

Allow cookies to cool for 5 minutes before enjoying.



“Nevertheless, he left not himself without witness, in that he did good, and gave us rain from heaven, and fruitful seasons, filling our hearts with food and gladness.”

ACTS 14:17

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